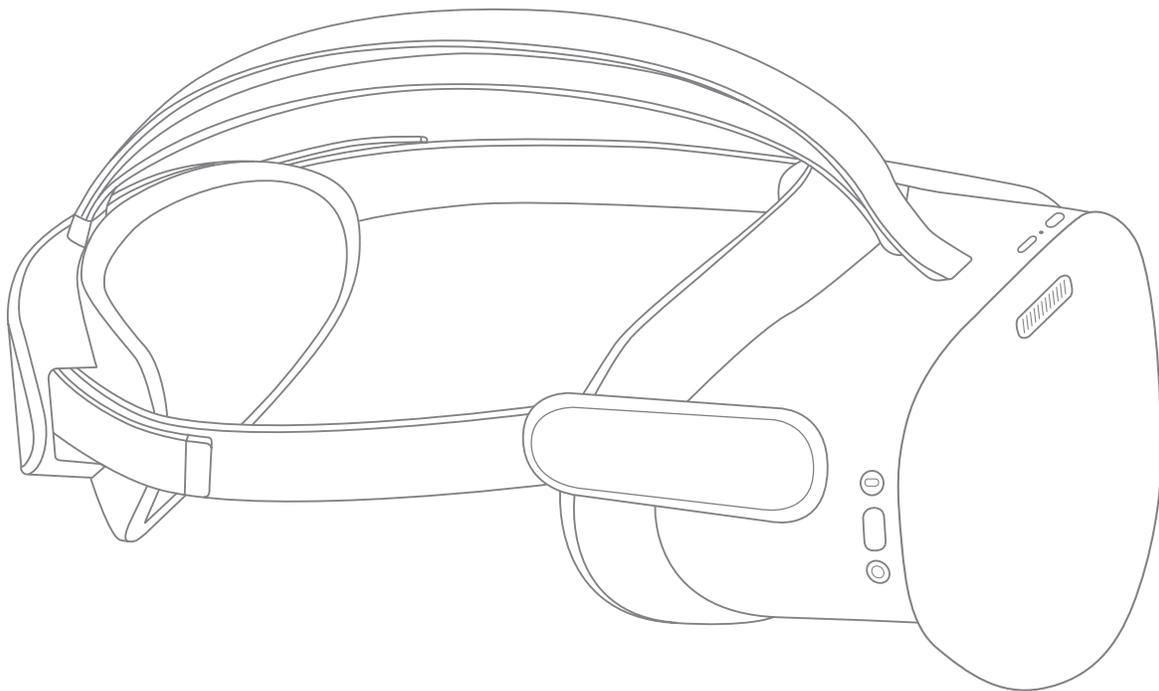




User Manual

SustainVR™ Wellness Device

PICO G3



- **Symbol Glossary Definitions**

	Manufacturer
	Refer to instruction manual/booklet
	Emitting waves
	No household disposal. Follow local e-waste regulations.

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● **Welcome**

SustainVR is a general wellness device that leverages evidence-based techniques rooted in cognitive behavioral therapy principles to deliver on-demand support and skill reinforcement—empowering individuals to build healthy lifestyle habits and enhance their overall quality of life, all through a device they personally own.

● **Warnings**

- Use only in a safe environment. This product creates an immersive virtual reality experience that blocks your view of your actual surroundings. Please move to an indoor safe and comfortable area and take note of your surroundings. Do not get close to dangerous areas like stairs, windows, heat sources or other hazardous areas. Sit down before wearing the device and stay seated during use of the device.
- Cables can cause strangulation, do not use the device while cables are plugged into it.
- The SustainVR device must be turned off and power supply must be disconnected from AC outlet before performing any repair and maintenance procedure. Failure to do so may result in electric shock.
- Do not use accessories, detachable parts and materials not described in this User Manual. Additionally, do not interconnect this equipment with other equipment not described in the instructions for use. Using materials and equipment not described in the instructions for use may result in unintended bodily harm.
- Avoid water spillage and keep this device away from moisture from a nebulizer, steam kettle, humidifier, or other moisture-emanating devices. Failure to do so may result in potential electrocution.
- This product is intended to be used for general wellness.
- If you are using a pacemaker or other implanted medical device, do not use the SustainVR device until you consult a doctor or medical device manufacturer.

● **Precautions**

- Some users may experience motion sickness, dizziness, headache, or eye strain when using the device. If experienced, stop use of the device and consult your doctor. Only continue use upon approval of your doctor.
- Care must be taken when operating this device around other equipment to avoid reciprocal interference. Potential electromagnetic or other interference could occur to the SustainVR device or to the other equipment. Try to minimize this interference by not using other equipment in conjunction with this device.

- This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with instructions, may cause harmful interference to other devices in the vicinity. However, there is no guarantee that interference will not occur in a particular installation. Harmful interference to other devices can be determined by turning this equipment on and off. Try to correct the interference using one or more of the following:

- Reorient or relocate the receiving device
 - Increase the separation between the equipment
 - Connect the equipment to an outlet on a different circuit from that to which the other device(s) are connected
 - Consult AppliedVR or your authorized dealer for help.
- Portable RF communications equipment (including peripherals such as antenna cables and external antennas) should be used no closer than 12 inches (30 cm) to any part of the SustainVR device, including cables specified by the manufacturer.
 - Use of the SustainVR device adjacent to or stacked with other equipment should be avoided because it could result in improper operation. If such use is necessary, this equipment and the other equipment should be observed to verify that they are operating normally.
 - Do not alter the device.
 - Do not operate the SustainVR device outside of the environmental conditions provided in the technical specification. Operating the SustainVR device beyond the specified environmental conditions may lead to improper operation.
 - When charging the device in an environment at or above 40°C/104°F, the front surface of the device can reach a maximum temperature of 43.4°C/110.1°F. When charging in this environmental condition, exercise caution when handling the device.
 - Keep this device away from the heat of fireplaces and radiant warmers.
 - Keep the unit clean and protect it from lint, dust and sunlight.
 - Keep the device and parts out of the reach of children, pets and pests to avoid any unintended consequences.
 - Keep the device in a safe and secure location.

- If you have any of the following conditions, please consult your doctor before use:
 - Hearing or visual impairment
 - Hypersensitivity to flashing light or motion
 - Injury to eyes, face, or neck that prevents comfortable use of VR
 - Have a history of epilepsy, suffer from physical, mental or heart disease
 - Have any serious medical condition
- If you are pregnant, elderly, or have any other health concerns, consult with your doctor before use.

● **Note**

Read all instructions before using the SustainVR device.

- There are no known skin irritations due to prolonged exposure to the SustainVR device.
- The SustainVR device contains no user serviceable parts inside, and servicing (other than that explicitly defined elsewhere in this manual) must be performed by the manufacturer or its authorized agent.
- The SustainVR device should be intact upon receipt. Devices should be carefully examined for completeness, and for lack of damage, prior to use. Damaged packages or products should not be used, and should be returned to AppliedVR.
- Please contact AppliedVR immediately if you observe any changes in the performance of the device.

Latex Information

All components of the SustainVR device are latex-free and not made with natural rubber latex and may be placed directly against the skin.

NOTE

If you experience seizures, loss of consciousness, convulsions, claustrophobia, involuntary movements, vertigo, nausea, dizziness, drowsiness, visual abnormalities (hallucinations, ambiguity, or diplopia), itching, swelling or other discomfort stop use of the device and follow up with your doctor/physician. All feedback, concerns, and symptoms should be reported to the AppliedVR team.

● Product Care

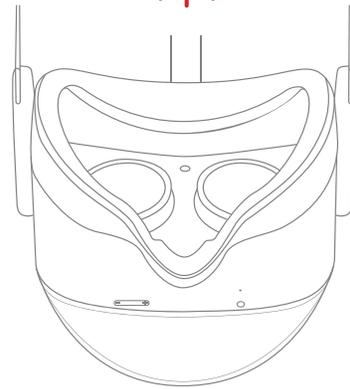
Avoid Damaging the Screen

CAUTION: To avoid damaging the screen:
DO NOT expose the device to direct sunlight.

Extra care should be taken when the device is placed outdoors, on a balcony, windowsill or in the car. Exposure to direct sunlight for **less than 1 minute** may cause permanent yellow spots on the screen and damage the optics and display. The device will not be usable if damaged.

- There are no user-serviceable parts inside.

Sunlight



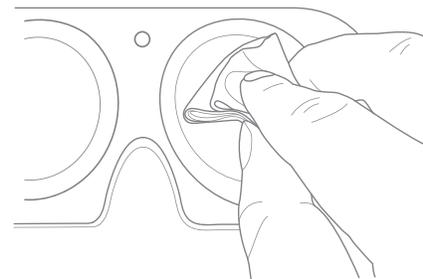
● Lens Care

Protect the optical lenses during use and storage to prevent sharp objects from scratching the lenses.

Using a dry nonabrasive lens wipe, wipe the lens from the center to the outer edge.

Do not clean the lenses with any harsh cleaning products such as bleach.

Using abrasive cleaning solutions may lead to damage to the lenses.



To prevent damage to the device, store the device in its provided protective case when not in use.

● Care & Cleaning Recommendations

1. Headset:

We recommend cleaning the device routinely. Wipe all non-porous surfaces, including the top straps, the back head-pad, face cushion and the headset enclosure with a hydrogen peroxide-based disinfectant wipe (AHP®)¹.

Allow surfaces to remain wet for the duration specified on the packaging of the wipes.

Let the surface dry completely before use.

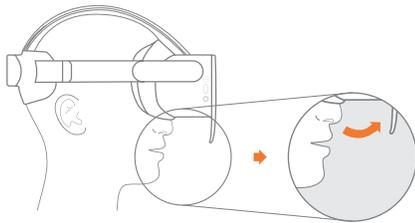
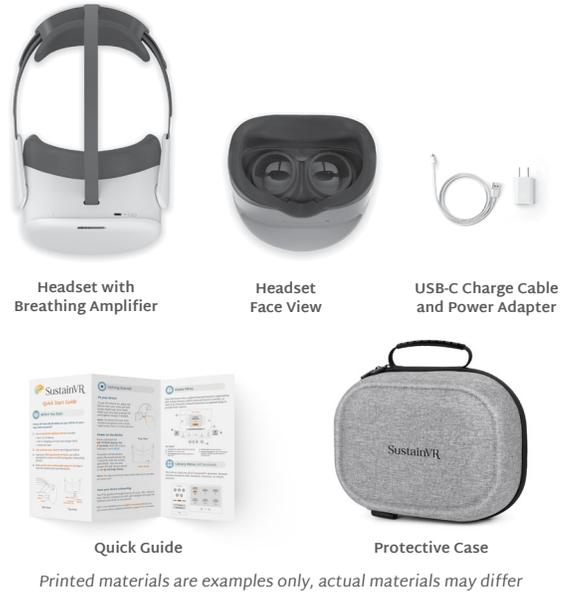
¹ <https://www.solutionsdesignedforhealthcare.com/product/disinfectants/oxivir-1-wipes/> AHP® is a registered trademark of Diversey, Inc.

2. Face Cushion and Care:

- a. Wipe the non-porous parts of the face cushion with a hydrogen peroxide-based disinfectant wipe, and allow it to remain wet for the duration specified on the packaging of the wipes.
- b. DO NOT use the hydrogen peroxide-based disinfectant or other chemical wipes on the lens.
- c. Store the device in the provided case.

● What's Inside

- Pico® G3 headset, with Breathing Amplifier™
- USB-C Charge Cable and Power Adapter
- Quick Guide
- Protective Case



The Breathing Amplifier¹ is a custom attachment, designed to help amplify the sound of your breath. When you exhale through your mouth, the Breathing Amplifier¹ directs your breath toward the microphone. Certain modules are responsive to these sounds and allow you to visualize your breath within the SustainVR sessions.

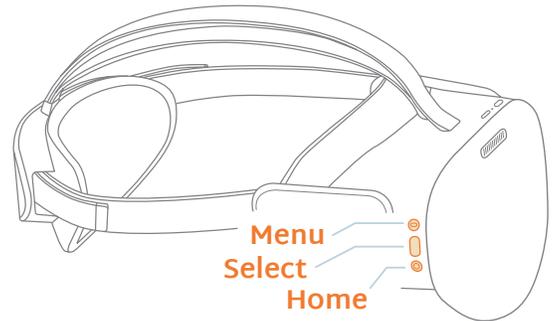
Do not remove the Breathing Amplifier from the device. If the Breathing Amplifier detaches from the device, please contact customer service for assistance.

¹Shelby Micklos, Jon Graves, and Josh Sackman (2025). Headset Breath Shield Accessory (U.S. Patent Application No. 103284-786573). United States Patent and Trademark Office.
Pico is a registered trademark of Qingdao Pico Technology Co., Ltd.

● Get to Know Your System

Headset

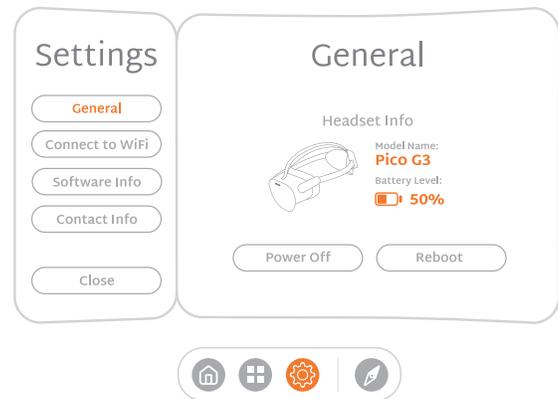
- ⊖ **MENU** button brings up the In-App Menu if it is pressed while in an session
- | **SELECT** button can be used to make a selection
- ⦿ **HOME** button recenters the device user interface



● Battery Levels

Check Battery Levels

You can check the battery level of your device on the GENERAL page in the SETTINGS menu. The SETTINGS menu can be accessed by selecting the  SETTINGS icon in the bottom center of your screen.



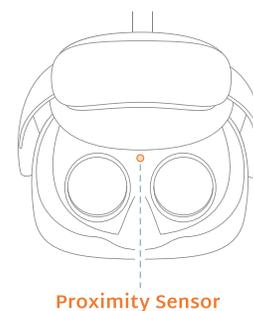
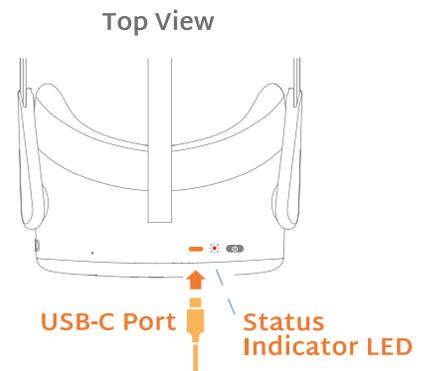
● Charging the Headset

The device battery will last approximately 2.5 hours when playing content. Use the adapter and cable provided in your case to charge the device. The charging port is located on the top of the device.

Please plug the USB-C cable into the device, connect the other end of the cable into the power adapter, and plug your power adapter into a power outlet. The Status Indicator LED illuminates a **RED** flashing light when the battery is low.

NOTE

The device only charges when you are not wearing it. Ensure that the proximity sensor in the device is not covered, otherwise the device will not charge.



● Status Indicator LED lights

Battery Levels:

- **BLUE** - Powering on / work mode
- **YELLOW** - Battery is low
- **FLASHING RED** - Battery is extremely low
- **FLASHING BLUE** - Powering off
- **GREEN** - Charging Complete
- **SOLID RED** - Charging, battery is low

NOTE

The battery is not user replaceable or serviceable. **Do not attempt to open your device to access the battery.**

● Power: On/Off

Powering On

Long press the  POWER button on the top of the device and wait for the **BLUE** LED light to turn on. The blue loading screen will appear in the device followed by the Home Menu.

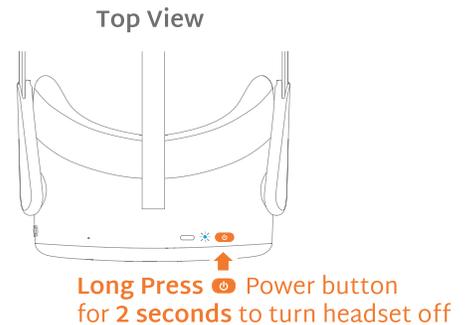
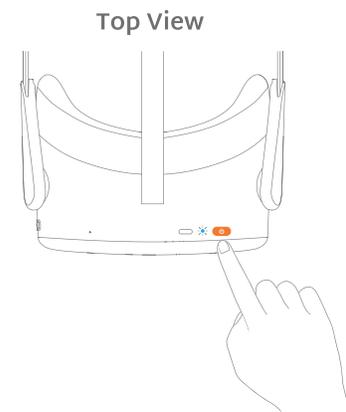
Powering Off

To turn the device off completely:

Long press the  POWER button for a full **2 seconds** until the screen goes black.

Sleep mode

Your device will go to sleep when not being used. To wake it back up, put your device back on. If the proximity sensor is covered, then the device will not go to sleep. If the device is in sleep mode and not plugged in for an extended time, you will be required to plug in the device and recharge the battery before your next use.



To prevent damage to the device, store the device in its provided protective case when not in use.

● Use Your Gaze to Make Selections

We developed GAZE-BASED controls to keep you from being tethered to a controller, and to make our system more accessible to those with limited mobility.

How does it work?

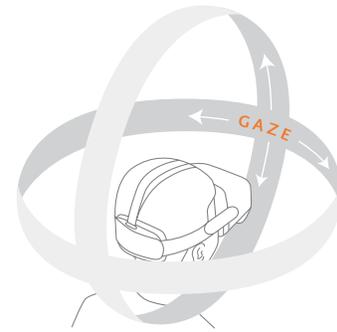
The  GAZE cursor follows the motion of your head. Simply look around to move the cursor until it lands on the button you want to confirm.

How do I make selections?

Move the  GAZE cursor so that it hovers over the icon you'd like to activate. When the  Gaze cursor fills up (in about 2 seconds), your selection will confirm.

NOTE

You can also press the  SELECT button on the right side of the device.



To make selections move the  GAZE Cursor on top of the icon you would like to activate:

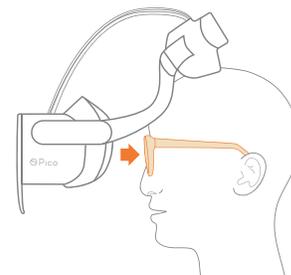


● Getting Started

Before you start, please make sure you are seated in a quiet and comfortable place, free from obstructions and distractions.

1. Fit your device

To put the device on, place the device over your eyes in a comfortable position. Pull the straps down over your head.



NOTE

The device fits over most standard eye glasses with a frame width of less than 6.3 inches (160 mm).

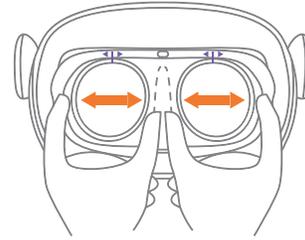
2. Power on the device

Press and hold the  POWER button on the top of the device and wait for the Status Indicator LED to turn on a blue light.



3. Ensure image clarity

You might have to modify the distance between the lenses. Shift the lenses inward or outward, bring the device to your face after each adjustment, and check the image for clarity to determine the setting that produces the clearest image.



4. Start your device onboarding

You'll be guided through how to set your IPD, reorient your device, connect to WiFi and navigate through the content and skills on the SustainVR device.

WiFi is not mandatory but is highly recommended so you can receive device updates and better support from our team.

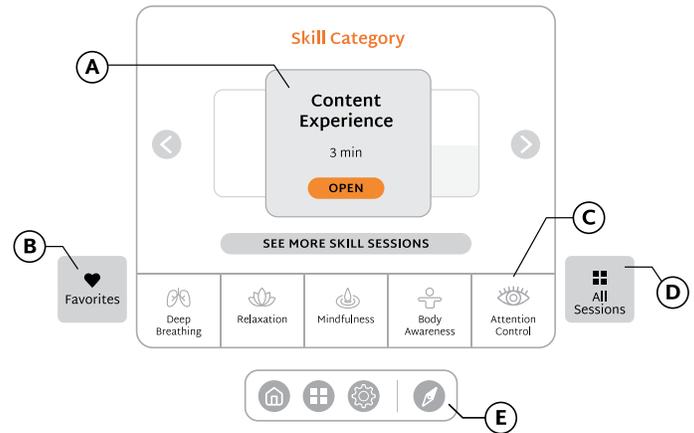
To prevent damage to the device, store the device in its provided protective case when not in use.

● Home Menu

From the Home menu, explore featured sessions organized by skill. Simply choose a skill to view and launch a session, or mark it as a favorite. Featured sessions are updated daily to provide fresh options.

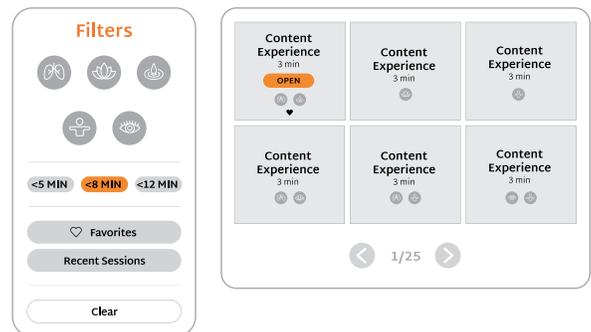
Key Legend:

- A. **Content Tile:** Launch and favorite a session
- B. **Favorites:** See all favorites
- C. **Skill Navigation Bar:** Browse sessions in each skill
- D. **All Sessions:** See all sessions
- E. **Bottom Navigation:** View all sessions, settings, reorient content, back to home screen



● Library Menu (All Sessions)

The Library features all of SustainVR's sessions. Browse sessions based on skill, duration, favorites, or recent sessions.



● Continued Skill Practice

The SustainVR sessions use methods from cognitive behavioral therapy (CBT), a well-established approach shown to help with sleep, mood, stress, and more.



Deep Breathing

Deep breathing calms the nervous system and mind. This skill is invaluable for finding long term comfort and control.



Relaxation

Relaxation can release built-up tension in your muscles, which can have a ripple effect throughout your body.



Mindfulness

Mindfulness helps anchor you in the present and brings a sense of calm to your body.



Body Awareness

Tune into your body's internal signals to better understand the connection between physical sensations and your emotions.



Attention Control

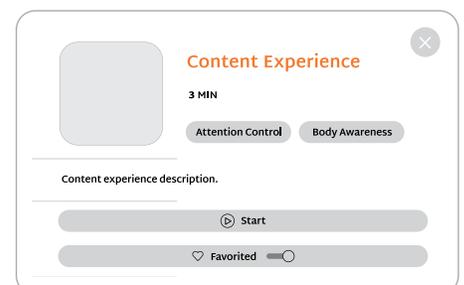
Practice shifting your focus to other activities or thoughts, away from any active discomfort.

● Favorite a Session

You can add the session to your Favorites List in **3 different ways**:

- When opening a session from the Home or Library menu
- After completing a session
- During a session in the In-App Menu

You view all your favorite sessions on the Home or Library menu.



● Navigation - Settings Menu

The Settings Menu can be accessed by selecting the  SETTINGS icon in the bottom center of your screen. In the Settings Menu, you can check the battery level, connect to WiFi, check software information, find your device ID, and find the AppliedVR support team's contact info.

General

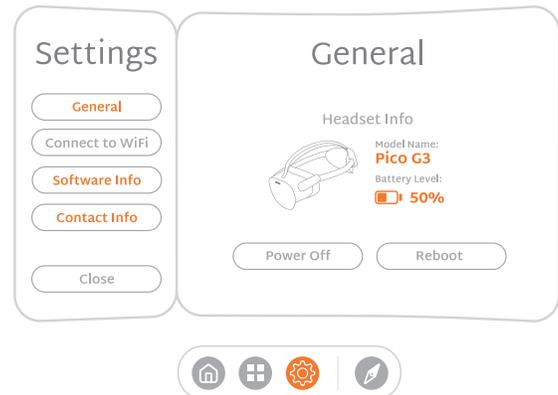
In General settings, you can check your battery levels of the device. You can also power off and reboot/restart your device in General settings.

Software Info

Select to find out what version software your device is running.

Contact Info

Select to find your Device ID and the support team's contact information. Your Device ID and contact information can be helpful if you contact customer support for troubleshooting assistance.



● Connect to WiFi

NOTE

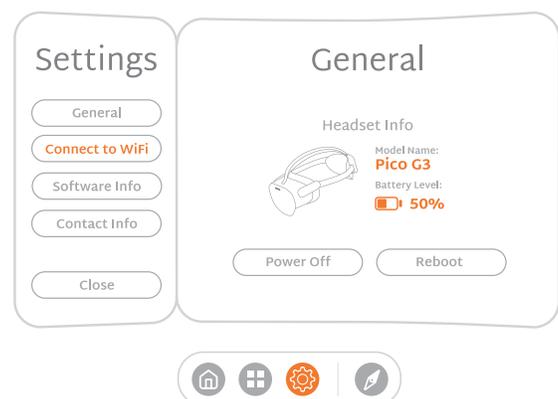
WiFi is optional but recommended. By turning on the WiFi, AppliedVR will collect the information outlined in our privacy policy, which is available here: www.appliedvr.io/privacy-policy.

Before Connecting to WiFi:

1. Have your WiFi network name and WiFi password on hand.
2. If possible, have a friend or family member read you the steps and your password, so you can focus on what's going on in your device.

To Connect to WiFi:

1. Use  GAZE to focus and activate the  SETTINGS icon at the lower center of the Home Menu.
2. Use  GAZE to focus and activate the CONNECT TO WiFi button on the left panel of the menu.



3. A list of WiFi networks will appear on the right panel of the menu. If you don't see your network, make sure to scroll down by using  GAZE to focus on the arrows to the right.

Once your network is identified, use  GAZE to focus on your network name to start the connection process.

NOTE: If you select the wrong network, you can  GAZE at the "Return" arrow to go back to the list of WiFi networks.

NOTE: Public networks (the types of networks that may be found at hotels or hospitals) are not supported.

4. Enter password and connect.

a. Enter password. Enter one character at a time by gazing at each character. Hold your  GAZE to confirm each character of your password.

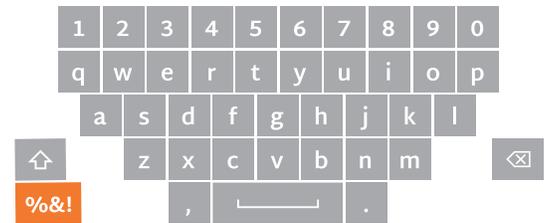
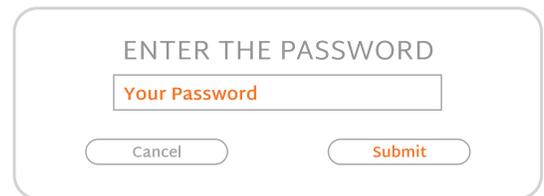
You will see the character added to the password bar right above the keyboard. To delete a character, simply  GAZE at the back arrow. If you need a special character (%&!), select that on the lower left of the keyboard.

b. Use  GAZE to focus on the SUBMIT button directly below your password to start the connection process.

5. Connecting to WiFi

a. As your WiFi connects, you can see the process on your screen along with any additional information necessary to completing WiFi setup.

b. Once you have successfully connected, you will be automatically returned back to the home menu.

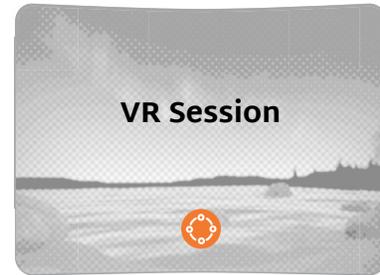


6. If there is a need to check your WiFi connection after initial setup, you can go to CONNECT TO WiFi in the settings menu. A connected network will have a “check mark” to the left of the WiFi network name.



● Navigating During Sessions

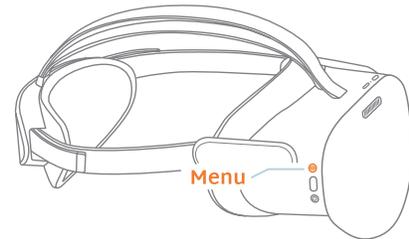
Do you need to adjust the volume, would you like to favorite a session or return home once you are in a module? Access those functions through the In-App Menu.



This is a general example, your specific Virtual Reality session may differ slightly.

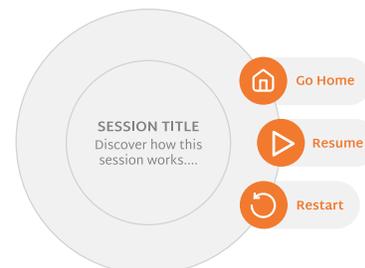
In-App Menu

- To prompt the In-App Menu to appear, you can do this two ways:
 - Look for the  ANCHOR icon which can be found in the lower center of your screen to launch the menu.
 - You can also press the  MENU button on the device to access this. (The Menu button is the top button on the exterior right side of the device.)
- Once you're in the In-App Menu, you can learn more about the module you're in, adjust the volume, favorite a session, reorient your view, or return home by selecting the icon for each.



● Pause Menu

Need to take off your device in the middle of a session? The Pause Menu will appear once you put your device back on. In the Pause Menu, you can go to the Home Menu, resume the session, restart the session, and read more about the session you're in.



● VR Device/Software Glossary

Headset

- ⊖ **MENU** button brings up the In-App Menu if it is pressed while in an session
- | **SELECT** button can be used to make a selection
- ⊙ **HOME** button recenters the device user interface with

Software

- ⦿ **GAZE** cursor is a dotted circle, and represents the cursor of the VR Interface
- ⚙️ **SETTINGS** icon launches Settings Menu
- 🧭 **COMPASS** icon reorients the interface screen
- ⦿ **ANCHOR** icon opens the In-App Menu
- 🏠 **HOME** icon returns to the Home Menu
- ✕ **X** icon closes the In-App Menu
- ▶️ **PLAY/RESUME PLAY** icon resumes the session (if session is paused)
- ♥️ **FAVORITE** icon adds session to your favorites list
- 🔄 **RESTART** icon restarts the current session from the beginning
- 🔊 **VOLUME** icon adjusts volume
- 🔋 **BATTERY** icon shows the battery life of the device

System

Module - Session Experience Tile

HOME MENU - The Home Screen of SustainVR where you start your sessions

SETTINGS MENU - The control panel where you can access system information

● Screen Reorientation

Recenter the screen to your view with the  COMPASS icon. Should your screen be facing the wrong way, you can use this option to bring it back to center.

You can also press the  HOME button on the device to reorient. (The HOME button is the bottom button on the exterior right side of the device)

NOTE

If you prefer to use SustainVR while reclined, we recommend remaining upright rather than laying fully flat.



● Reorient and Recenter Your Screen

There are a number of ways to reorient:

- In the Home Menu, Select the  COMPASS icon on the lower center of the screen.
- When in a session, select the  ANCHOR icon at the lower center of the screen. The In-App Menu will appear. Select the  COMPASS icon on the lower right of the In-App Menu.

A window will pop up and ask you to relax and look forward. Adjust to a more comfortable position and level your gaze.



● Troubleshooting

Headset not powering on?

Make sure the device is completely plugged in while charging. If the battery is completely drained, allow two hours to fully charge.

Fully charged, but nothing visible on screen?

If nothing is visible on screen, the screen is on (there will be a slight glow if the screen is on and nothing is displayed) and you hear audio playing:

- Press the power button once to put the headset in sleep mode.
- Press the power button again to wake or activate the headset.

The content should appear and continue playing as normal. If nothing is visible on screen, the screen is off (there is no glow) and you do not hear audio playing:

1. Press and hold the power button for 15-20 seconds to force a headset reboot.

The headset will power on and you will see the Pico logo followed by the SustainVR loading screen.

Blurry visuals?

If the view appears blurry, adjust the device up and down the face until the view comes into focus. Adjust the straps if necessary.

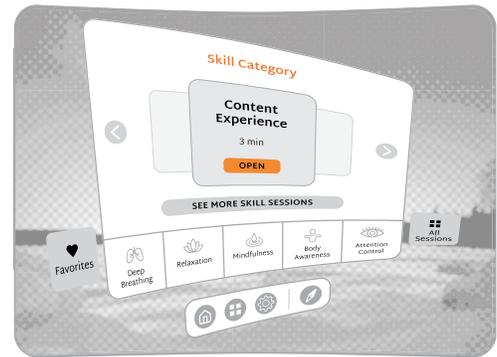


Up & Down

Menu pointing the wrong way?

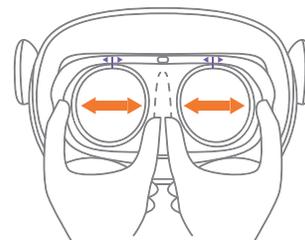
There are 3 ways to correct reorientation:

1. You can press the  HOME button on the device to reorient. (The HOME button is the bottom button on the exterior right side of the device)
2. Select the  COMPASS icon in the home screen.
3. You can remove and put back on the device and it will reorient itself.



Does the headset lenses fit the distance between the center of your eyes?

The distance between the center of your eyes is called Interpupillary Distance (IPD). If the VR visuals aren't clear and visible, you might have to modify the distance between the lenses. Shift the lenses inward or outward, bring the device to your face after each adjustment, and check the image for clarity to determine the setting that produces the clearest image.



● Software Description

The SustainVR device runs on an Android operating system developed and configured by AppliedVR to support the SustainVR's content delivery. SustainVR software comes preloaded on the dedicated head mounted display (HMD) when provided to users.

● Technical Specifications

Hardware Model: Pico G3

REF Number: SVR-1001

Rating: 5.0V 3.0A / 9.0V 3.0A

Manufacturer and Model of Headset: GoerTek Technology Inc. Model: A7Q10

Screen: 4K LCD

Screen Resolution: 3664 x 1920

Number of Pixels Per Eye (horizontal / vertical): 1832x1920

Field of View Per Eye (horizontal / vertical): 98 / 98

Luminance: Maximum and minimum luminance 20nit and 90nit

CPU: Qualcomm XR2

Weight: 380g(w/o Band), 604g(total)

Frame-Rate: 90 fps

Frame-Rate Using the Software: +/- 60 fps

Interpupillary Distance (IPD) and IPD Range: Default 63mm, adjustable range from 58mm - 69mm

Range in Depths of the Virtual Content in the Software: 2m for optics; 3m for launcher software

Horizontal and Vertical Field of View Per Eye Horizontally: 98 horizontal, 98 vertical

Eye Relief for Prescription Lenses: 17mm

Storage: 128G

Content: AppliedVR's SustainVR Wellness program

Tracking: x/y/z 360° - 3 Degrees of Freedom (3DoF)

Number of Discharge Cycles: 500

Expected Service Life of the ME Equipment: 3 year

External Camera: Not applicable

Type BF applied parts

Technical Specification of USB-C Charger: I/P: 100-240Vac 50/60Hz 0.5A; O/P: DC 5V 3A

Safety referring standards (UL/BSMI): UL60950-1/CNS13438

Frequency Range(BT): 2400-2483.5MHz

Max Output Power(BT): 10dBm

Frequency Range(WiFi): 2400-2483.5MHz, 5150-5350MHz Indoor use only, 5470-5725MHz

Max Output Power(WiFi): 20dBm

- Type of protection against electric shock: Class II, internally powered.
- Degree of protection against electric shock: Type BF applied parts (Whole device is a Type BF applied parts)
- Degree of protection against harmful ingress of water or particulate matter: IP22
- Mode of operation: Continuous use
- Method of sterilization: Not intended to be sterilized/disinfected
- Degree of safety of application in the presence of flammable anaesthetic mixture with Air or with oxygen or Nitrous oxide

- Suitability for use in an Oxygen Rich Environment
- Not intended for use in an Oxygen Rich Environment
- Device is not a mains-connected device.

The charger mains plug is used as a means of isolation/disconnection. Do not position the device during charging so that it is difficult to access the mains plug during an unexpected error, which could lead to a hazardous situation.

Environmental conditions for transport and storage:

- An ambient temperature range of -20 °C to 45 °C / -4 °F to 113 °F
- A relative humidity range of 15% to 85% (including condensation)
- An atmospheric pressure range of 70.0 kPa to 106.0 kPa

After removal from the protective case and between uses, store device at room temperature, 20 °C.

Please use the following environmental conditions for operation:

- An ambient temperature range of 5 °C to 40 °C / 41 °F to 104 °F
- A relative humidity range of 15% to 90% (non-condensing)
- An atmospheric pressure range of 70.0 kPa to 106.0 kPa

Maximum Altitude Use: 2000m

● Security Information

The SustainVR device employs robust encryption protocols to protect data integrity and confidentiality during transmission. In the unlikely event of an application crash, the SustainVR device will send crash information to 3rd party services for analysis and improvement. For security patches and software updates, the device must be connected to a WiFi network. If you suspect a cybersecurity incident, immediately contact AppliedVR support at security@appliedvr.io, for guidance and assistance.

Always connect the SustainVR device to a trusted and secure network. Networks using WPA2 or stronger security protocols are recommended. Using unsecured networks can expose the device to potential cybersecurity risks, including unauthorized access. It is strongly recommended to avoid using public WiFi networks or other unsecured networks.

● Technical Information

Safety



Waste of electrical and electronic equipment must not be disposed as unsorted municipal waste. It must be collected separately and must be disposed as per local regulations.

Contact your authorized representative for information concerning the decommissioning of your equipment.

The device contains a lithium ion battery. Recycle and dispose of the equipment properly according to local laws. Keep the device away from excessive humidity and extreme temperatures and avoid direct sunlight or ultraviolet radiation.

Use the charging equipment supplied with the product. Do not attempt to replace the lithium ion battery yourself. Doing so may cause damage to the battery, overheating, fire, or personal injury. The battery may only be replaced by an authorized service provider. Batteries shall be replaced every 2 years.

Do not disassemble, replace or repair equipment on your own.

● US Regulatory Information

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions:

- This device may not cause harmful interference.
- This device must accept any interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC RF radiation exposure statement

This equipment complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. This device and its antenna must not be co-located or operating in conjunction with any other antenna or transmitter.

FCC ID: 2A5NV-A7Q10 | FCC ID: 2A5NV-C1B10

● **Patent Notice**

This product is protected by patent(s) and/or pending patent application(s) and their corresponding national rights. Information regarding the patent(s) and/or pending patent application(s) can be found at www.appliedvr.io/patents.

● **Customer Support**

For any other questions or for more support contact our support desk!

Thank you for choosing the SustainVR device!

User manual for general wellness device: SustainVR

NOTE

If you do not understand these instructions, or have any questions or concerns in setting up, using or maintaining the SustainVR device and to report unexpected operation or events, contact:

SustainVR.avrpathway.com | support@avrpathway.com

+1 (844) PATH4VR | +1 (844) 728-4487



For questions or help with your AppliedVR device, please visit:

SustainVR.avrpathway.com or contact us:



AppliedVR, Inc.

16760 Stagg St, Unit 216

Van Nuys, CA 91406

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